

Mapleridge Recreation
Centre for adults 50+

*“Engaging you in a welcoming and vibrant
community that empowers members to
live active healthy and fulfilling lives.”*



October 2024



Monday 8am-5pm, Tuesday 8am-5pm
Wednesday 8am-5pm, Thursday 8am-5pm
Friday 8am –4pm
Saturday 11am-3:30pm

1085 Brealey Drive, Peterborough, Ontario K9K 0C1
Phone: (705) 742-1481

Email: heather.mcginn@mapleridgerecreationcentre.com
Or

susan.king@mapleridgerecreationcentre.com



Message from the President

By-Laws

I am happy to report that at a special meeting on September 16, 2024, with the members and the Board Directors voted to accept the revised "Articles" as presented (formerly known as Letters Patent). We also voted to accept the revised By-Laws by which we are governed. These documents have been signed by Mary Hopkins, Secretary of the Board and Ollie Bakelaar, President of the Board. Our lawyer, Joe Grant, will now take care of the next step to make sure that we are compliant with the Not-for-Profit Corporations Act 2010 (ONCA). Thank you to all who attend the meeting.

Holiday Market

Don't forget to come out and support Mapleridge in our biggest fundraiser of the year on Nov 15 & 16. Invite your family friends and enjoy some early holiday shopping with over 20 vendors. Hope to see you there!

Christmas Dinner

Registration is open for our Christmas Dinner on Sunday, December 8 at 1pm..Register at the office in person or by phone. 705-742-1481

Volunteers

We are always looking for volunteers for a variety of positions, please see the office for more details.

Ollie Bakelaar

President, Board of Directors.

Support Mapleridge

We are asking you to consider supporting Mapleridge with a tax deductible financial donation. Please consider one of the following options:

- **One Time Contribution.** One time gifts are always appreciated.
- **In Honour Donations.** A great way to recognize a friend who doesn't need more 'stuff'. Your friend would receive a card acknowledging your gift to Mapleridge in his/her honour.
- **Canada Helps.** An online donation technology for registered charities. Tax receipts are emailed immediately. Visit www.mapleridgerecreationcentre.com and click on the **DONATE** button on the top right hand corner.
- **Company Matching.** Some employers will match charitable donations of current and/or retired employees. Does yours?

Your donation ensures that our active and dynamic recreation centre continues to be a healthy, vibrant one. For more information, please contact the office AT 705-712-1481

Board of Directors 2024/2025

Name	Position
Ollie Bakelaar	President
Charlaine Schwass	Vice President
Sharla Trudell	Treasurer
Mary Hopkins	Secretary
Gary Cornell	Director
Joan Michaels	Director
Doug Loney	Director
Ron Smith	Director



HOLIDAY MARKET

**MAPLERIDGE RECREATION
CENTRE 1085 BREALEY DR
705-742-1481**

Friday Nov 15

4pm-8pm

Saturday, Nov 16 9am-1pm

RAFFLE VENDORS

BAKING

SPONSORED BY:

CAFÉ &

McDougall

GOODIES

Real people
working for you,
since 1946.

Notices & General Inquiries

Emails

The office sends out regular emails to its members. Using our software "My Senior Centre" the emails come from the following address:

null@myactivitycenter.com

Members may need to check their junk mail as some email providers detect it as spam.

Some internet providers block our emails from being sent and unfortunately Mapleridge has no control over this and members are encouraged to visit our website for up-to-date information.

www.mapleridgerecreationcentre.com

No Program Trials

Mapleridge does not provide trials for any programs. Anyone wishing to join our programs must be a paid member. Membership forms are available in person or on our website:
www.mapleridgerecreationcentre.com

Guests

Guests are welcome for meals and special events. Please call to register if interested in attending.

Volunteers

We are always looking for volunteers in the following areas:

- Front Door
- Kitchen Clean Up
- Cafe
- Special Event Leads
- Delta Bingo

Contact the office for more information.

Key Tags

Be sure to bring your key tag as everyone must sign in. This enables us to contact trace and better manage programs.



Front Door

There is a volunteer located at the front door. This volunteer will scan each member's key tag to check into My Senior Centre (MSC) and hole punch the User Fee Card.

A promotional graphic for a "HOLIDAY MARKET" sponsored by McDougall Insurance & Financial. It features a Christmas tree icon and the text "Wanted Penny Auction Ticket Sellers, Oct 28 to Nov 16 Sign up in the office". The McDougall logo includes the tagline "Real people working for you, since 1966".

A graphic advertisement for "Front Door Reception Volunteers Needed". It lists the schedule: "Thursday Morning & Afternoon 8:30am-12pm 12pm-4pm Mon-Sat fill-ins". It includes a phone number "705-742-1481" and an illustration of a reception desk with a sign that says "RECEPTIONIST".

A graphic advertisement for a "Fragrance Free Building". It features a circular logo with a perfume bottle and the words "FRAGRANCE FREE". The text states: "Perfumes, After Shaves & other scented beauty products may cause allergic reactions. Please avoid wearing scented personal products when in the building."

General Information & Upcoming Events

Payments

Mapleridge accepts MC, Visa, American Express, Debit as well as Cash and Cheques. Phone the office if you prefer to pay over the phone by credit card. We are sorry to inform our members and guests that the office does not accept \$100 dollar bills.

The office is not able to make change for \$50 and \$20 bills without a payment. It is appreciated if you need to change your larger bills, you do so before arriving at the centre.



User Fee Cards

"User Fee Cards" are available for purchase from the office. The cards come in denominations of \$10 and \$20.



*Be considerate of others.
If you are feeling under the weather, please stay at home.*



Holiday Facility Closure

Please note that Mapleridge will be closed on statutory holidays. Please check our website, Facebook and email blast for announcements.



Mini Bucks Bid Euchre
\$5.00 At the Door

Saturday, Oct 5 & 19

Doors Open at 11:15 am
Cards start at 12:30 pm

Pies & Sandwiches for Sale
No Beginners Please

**Bid
Euchre**



Euchre and Games Night
Friday, October 11

\$2.00 At the Door
Doors Open at 5:00pm
Cards start at 6:00pm

AT THE CAFE 50/50
Slice of Pie \$3 Hamburger or Sausage & Drink \$6

Jackpot \$200
and \$100



Sunday Oct 27, 2024

1:00pm \$20.00

Everyone Welcome

Pay at the Door

CASH ONLY!

Bring your own dabbers

Member Information

Membership Information

If members have any changes to address, phone or contact information please call the centre. Emergency contact is also important to keep updated.

Memberships are non-refundable. The fee is \$30.00 per year and is subject to change.

Lifetime Members

Individuals who are 90 years of age or older, or are turning 90 in the year are excluded from paying the membership fee.

Library

The library is open for book and puzzle exchange. Members need to check-in at the front door when attending the library.



New and Renewed Memberships

Membership forms are available at the centre or on the website: mapleridgerecreationcentre.com
Must be a member to participate in registered programs and drop in programs.

Payments for memberships must be made within 3 business days in person or over the phone.

CAFE	
10am-3pm Monday-Wednesday	Soup & Sandwich
10am-1:30pm- Thursday	available on Tuesdays and Wednesdays
9am-3pm Friday	11:30 am
	Soup & Roll \$5.00
	Sandwich \$5.00
	Soup/Sandwich
	Combo \$9.00

Program Registration

- Registration is required for some programs.
- Register for programs over the phone or in person
- Programs start on time.
- There is no transferring of programs
- Being a past participant in a class does not guarantee a spot in a future series. Always register in advance to avoid disappointment.

Program Fees

- Program fee for most registered programs.
- When attending a program (registered or drop in) there is a \$2.00 non-refundable fee.
- "User Fee Cards" can be purchased from the office.
- Payments must be made within three business days.
- Refund request is accepted prior to program start date.
- No refunds for missed classes.
- Full refunds will be provided if programs are cancelled before it starts.
- Staff reserve the right to cancel.



**INTERESTED
IN PLAYING
DARTS?**

Contact Helen
helenhamblin@jcloud.com

Christmas Baking

Baking Supplies Needed for Holiday Market

We are in need of unopened, fresh baking supplies for our bake room at the Holiday Market. If you are interested in donating flour, sugar, butter etc please drop off at the cafe. Monetary donations are greatly appreciated. Your support is appreciated.



Partnerships & Community Events

Delta Peterborough October 2024

MARK YOUR CALENDARS

ALL WINNERS DAY

OCT. 27 | 11:45 AM & 6:45 PM

VOUCHERS DISTRIBUTED TO BINGO WINNERS OCT. 1-15, 2024, AT 10:15 AM & 6:45 PM RESPECTIVELY.
REDEMPTION PERIOD ENDS ON ALL WINNERS DAY TO PLAY YOUR A CHANCE TO WIN \$2000

DRAG BINGO

NOV. 16 | 7 PM

BUY YOUR TICKET TODAY!
148 tickets include Bingo package
DeltaBingo1venterica.co

*SEE PROMOTIONAL WEBSITE FOR FULL DETAILS ON TICKETS AND PRIZES

WEEKLY PROMOTIONS

FREE \$200 SENIOR'S GAME

THURS. | 11:45 AM & 6:45 PM

PLAYERS 55+ INVITED & INVITED FRIENDS CAN PARTICIPATE
*NO PURCHASE NECESSARY TO WIN

\$25 WACKY SESSIONS

THURS. | 6:45 PM
FRI. | 11:45 AM

GET THE WACKY GOODIE AT A DISCOUNTED PRICE

10 X \$500 JACKPOTS

SUN. | 6:45 PM

TOTAL JACKPOT IS \$5,000

10 X \$1,000 JACKPOTS

FRI. & SAT. | 6:45 PM

*NO PURCHASE NECESSARY

No customer service for complete details on all gaming events and promotions. A release purchase is required to participate.

1610 Dismallo Ave., Peterborough, ON. 705-742-1241

[DeltaBingo.com](https://www.deltabingo.com)

HEALTHCARE NEEDS ASSESSMENT FORM

- Are you a resident of Peterborough County?
- Are you currently without a family physician or wish to receive care closer to home?
- Would you like to provide information to determine the needs of your township as well as be added to a contact list for when a physician is secured?

Complete the assessment at:

www.ptbocounty.ca/yourhealthmatters

Webinars

Older Adult Centres' Association of Ontario presents

Flu Awareness and Prevention Webinar

Join presenters:

James Morrison Director, Pharmacy Excellence
Wholehealth Pharmacy Partners
and **Monica Balkaran** Registered Nurse;
Rexdale Community Health Centre

Learn about staying well during flu season, causes and symptoms of respiratory illness and how vaccination supports your health.

Free for Seniors Active Living Centres and OACAO Members staff, volunteers, older adults and caregivers

Supported by an educational grant by:

sanofi

FRIDAY OCTOBER 18, 2024

10:30 - 11:30 am EDT

MAPLERIDGE LIBRARY

Register at **Mapleridge Office** in person or by phone **705-742-1481**

Older Adult Centres' Association of Ontario
Association des centres pour seniors de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour seniors

DANCE LESSONS

BEGINNERS

SALSA, BACHATA, MERENGUE

THURSDAY OCT 31-DEC 5 11:15 AM-12:30 PM

6 WEEKS \$60

Learn the basics of Salsa, Bachata and Merengue. These popular Latin social dances are found in many Latin night clubs, so if you enjoy the upbeat rhythms of Latin music, this class is for you. You will learn the basic footwork and some simple sequences to get you looking good on the dance Floor. Enjoy these fun partner dances. You don't need any prior dance experience or your own partner.

INSTRUCTOR

GABIA FERGUSON

REGISTRATION IS REQUIRED

705-742-1481



Gabia has been an instructor & owned a dance school for numerous years, first in Australia & now in Canada. A dedicated teacher of various social dance styles including Street Latin, 50's Rock n' Roll, West Coast Swing & Lindy Hop, her passion for dancing is obvious & infectious. These fun & relaxed partner dances, suited for all ages, are a great way to exercise & socialize.

- *Won many competitions both amateur & professional*
- *Chosen to dance in the opening ceremony of the 2000 Olympic Games*
- *Part of the initial resurgence of Lindy Hop*

dancewithme.ca



Bus Trips– Showplace



PETERBOROUGH SYMPHONY ORCHESTRA
MUSIC DIRECTOR
MICHAEL NEWNHAM

ROMANTIC FLAMES

BALFOUR | DVORAK | RACHMANINOV

SATURDAY, NOVEMBER 2, 2024
7:30PM
SHOWPLACE PERFORMANCE CENTRE

DAVID JALBERT, PIANO
MICHAEL NEWNHAM, CONDUCTOR



Two of the most iconic pieces of the Romantic era: Dvorak's Symphony no. 8 and Rachmaninov's Third Piano Concerto.

Courtesy of:
Mapleridge Recreation Centre

- 1 Ticket included with purchase!
- 2 Bus from Mapleridge to Showplace both ways
- 3 Bus leaves Mapleridge at 6:45PM, 45 minutes before showtime



Register At:
Mapleridge Recreation Centre
1085 Brealey Drive
705-742-1481.

\$50

DID YOU KNOW?

Peterborough Symphony Orchestra is a non-profit charity located in downtown Peterborough, Ontario that is committed to serving our community through high quality orchestral performances, education and engagement. For over 50 years, the PSO has been a cultural cornerstone of the Peterborough area and has a reputation as one of the finest community-based orchestras in Canada.



Soul of MOTOWN
CHRISTMAS SPECIAL
PRESENTED BY THE BOSSHOPE JAZZ FESTIVAL

Friday Dec 6
@ Showplace
8 pm Show
\$49
Bus pickup
7:15 pm

Mapleridge Registration Required

MAPLERIDGE RECREATION
CENTRE

HALLOWEEN DANCE



SATURDAY OCT 26

Cost: \$10 cash per person at the door

Doors open at 6:30pm

Dance 7:00pm-11:00pm

DJ, 50/50,

Cash Bar

Wear a Costume, prizes to be won

1085 BREALEY DRIVE 705-742-1481

MAPLERIDGE RECREATION
CENTRE PRESENTS:

*New Year's
Eve*
DANCE

Tuesday, December 31

COST: \$35.00 PER PERSON

DOORS OPEN AT 6:30pm

DANCE AT 7:00PM

**CHARCUTERIE BOARDS
AND DESSERT SERVED
AT 11PM**

**CHARCUTERIE BOARDS PROVIDED
BY THE CHEESY FROMAGE**

**DJ, 50/50, CASH BAR,
SNACKS TO PURCHASE AT BAR
COUNTDOWN AT MIDNIGHT**

**REGISTER IN PERSON OR BY PHONE
1085 BREALEY DRIVE
705-742-1481**