

Mapleridge Recreation
Centre for adults 50+



“Engaging you in a welcoming and vibrant community that empowers members to live active healthy and fulfilling lives.”

July 2024



Monday 8am-4pm, Tuesday 8am-5pm
Wednesday 8am-4pm, Thursday 8am-5pm
Friday 8am –4pm
Saturday 11am-3:30pm

1085 Brealey Drive, Peterborough, Ontario K9K 0C1
Phone: (705) 742-1481

Email: heather.mcginn@mapleridgerecreationcentre.com
Or

susan.king@mapleridgerecreationcentre.com

Updated: July 9, 2024



President's Message

It is officially summer. I hope you are all enjoying the long, lazy, days of summer. I would like to welcome our new board members. The board will be working away this summer focusing on updating our by-laws and Letter of Patent. There will be a general membership meeting on Monday September 16 at 9:30am. Our lawyer, Joe Grant, will be at this meeting to answer any questions regarding the required changes that reflect the Ontario-Not-For-Profit Corporations Act (ONCA) and ensure we are compliant by October 18. Membership attendance is important. Please register at the office.

New Horizon Grant

We are pleased to announce that we received \$25,000 from the New Horizon Grant 2024/2025 Program. We look forward to working with Trent in Motion for the Senior In Motion Program for the second time. We are fortunate to have twenty Mapleridge members selected to participate in a 6 week fitness, nutrition and health program this summer at the Wellness Centre.

Good Luck everyone!

AODA- Training- Urgent

The Accessibility for Ontarians with Disabilities Act (AODA) is a law that sets out a process for developing and enforcing accessibility standards.

All Mapleridge Recreation Centre volunteers are required to be trained in Customer Service portion of the AODA act. This training is mandatory to ensure our compliance with the act and to avoid large fines.

If you have **not** taken the training there are two options:

1. Use the link below to complete the training online (or request an email with the link from the office) and notify the office that you have completed the training.
<https://accessforward.ca/customer-service-standard/>
2. Register through the office for one of the following in house training sessions
Monday July 15 10:30am
Thursday July 25 at 11:15am

AODA policies have been developed specifically for Mapleridge. These are in a binder on the shelf outside of the office. Please familiarize yourself with these.

I hope you continue to enjoy the programs at Mapleridge. Have a great summer!
Ollie Bakelaar. President

Board of Directors 2024/2025

Name	Position
Ollie Bakelaar	President
Charlaine Schwass	Vice President
Sharla Trudell	Treasurer
Mary Hopkins	Secretary
Gary Cornell	Director
Joan Michaels	Director
Debby Lovegrove	Director
Doug Loney	Director



meeting
NOTICE

**By-law Meeting for
Member Approval
Monday September 16
9:30am Main Hall**

**Updated by-law changes & Letter of
Patent to ensure they are compliant to
the Not for Profit Corporation Act
Draft Copies of By-laws will be available
on request closer to the date**

Volunteer Opportunities

If you are interested in any of the following volunteer opportunities please contact the office:



Bartenders

Tend bar for special events 2-3 hours, Smart Serve required. Tend bar for Saturday Night Dances 6:30pm-11:00pm

Café

This position requires volunteers to work a shift and provide food service to our members. There is light food prep & cleaning required. Food handlers certificate is required.

Cook– Special Events

This position requires the ability to cook for a large number of people 100+, organize and manage volunteers in the kitchen. Public Health Food Handlers course is required.

Delta Bingo

Brings in revenue to our programs. Volunteers are required to do shifts at Delta Bingo. Talk to the office or a board member about how to get trained.

Line Dance Caller

Do you love to dance? Do you have any experience line dancing? Do you have some spare time on your hands? Mapleridge is looking for line dance callers/cuers to lead our Line Dance Classes. No experience necessary. Music, training, and teaching techniques will be provided. Contact the office for more details.

Front Door

Volunteers needed to greet members, punch user fee cards and ensure members are registered for programs. Thursday 12-4pm. Call ins for Monday-Saturday

Special Events

Volunteers are needed to either lead a project or be part of a committee for these events. If this area is where you see yourself helping, please let the office staff know.

Special Event Kitchen-Clean Up Team Volunteer

As part of a clean up team. Duties include loading/unloading dishwashers, putting away dishes, handwash pots & pans, clean tables.

Support Mapleridge

We are asking you to consider supporting Mapleridge with a tax deductible financial donation. Please consider one of the following options:

- **One Time Contribution.** One time gifts are always appreciated.
- **In Honour Donations.** A great way to recognize a friend who doesn't need more 'stuff'. Your friend would receive a card acknowledging your gift to Mapleridge in his/her honour.
- **Canada Helps.** An online donation technology for registered charities. Tax receipts are emailed immediately. Visit www.mapleridgerecreationcentre.com and click on the **DONATE** button on the top right hand corner.
- **Company Matching.** Some employers will match charitable donations of current and/or re-tired employees. Does yours?

Your donation ensures that our active and dynamic recreation centre continues to be a healthy, vibrant one. For more information, please contact the office AT 705-712-1481

Member Information

Membership Information

If members have any changes to address, phone or contact information please call the centre. Emergency contact is also important to keep updated.

Memberships are non-refundable. The fee is \$30.00 per year and is subject to change.

Lifetime Members

Individuals who are 90 years of age or older, or are turning 90 in the year are excluded from paying the membership fee.

Library

The library is open for book and puzzle exchange. Members need to check-in at the front door when attending the library.



New and Renewed Memberships

Membership forms are available at the centre or on the website: mapleridgerecreationcentre.com
Must be a member to participate in registered programs and drop in programs.

Payments for memberships must be made within 3 business days in person or over the phone.



Looking for Front Door Reception Volunteers

Thursday afternoon shift
12pm-4pm
and Mon-Sat fill-ins

Call the office for more information 705-742-1481

Program Registration

- Registration is required for some programs.
- Register for programs over the phone or in person
- Programs start on time.
- There is no transferring of programs
- Being a past participant in a class does not guarantee a spot in a future series. Always register in advance to avoid disappointment.

Program Fees

- Program fee for most registered programs.
- When attending a program (registered or drop in) there is a \$2.00 non-refundable fee.
- "User Fee Cards" can be purchased from the office.
- Payments must be made within three business days.
- Refund request is accepted prior to program start date.
- No refunds for missed classes.
- Full refunds will be provided if programs are cancelled before it starts.
- Staff reserve the right to cancel.

CAFE

10am-3pm Monday-Wednesday
10am-1:30pm- Thursday
11am-2:30pm Friday

Soup & Sandwich
available on Tuesdays
and Wednesdays
11:30 am

Soup & Roll \$5.00
Sandwich \$5.00
Soup/Sandwich
Combo \$9.00



Notices & General Inquiries

Emails

The office sends out regular emails to its members. Using our software "My Senior Centre" the emails come from the following address:

null@myactivitycenter.com

Members may need to check their junk mail as some email providers detect it as spam.

Some internet providers block our emails from being sent and unfortunately Mapleridge has no control over this and members are encouraged to visit our website for up-to-date information.

www.mapleridgerecreationcentre.com

No Program Trials

Mapleridge does not provide trials for any programs. Anyone wishing to join our programs must be a paid member. Membership forms are available in person or on our website:
www.mapleridgerecreationcentre.com

Guests

Guests are welcome for meals and special events. Please call to register if interested in attending.

Payments

Mapleridge accepts MC, Visa, American Express, Debit as well as Cash and Cheques. Phone the office if you prefer to pay over the phone by credit card. We are sorry to inform our members and guests that the office does not accept \$100 dollar bills.

The office is not able to make change for \$50 and \$20 bills without a payment. It is appreciated if you need to change your larger bills, you do so before arriving at the centre.



Volunteers

We are always looking for volunteers in the following areas:

- Front Door
- Kitchen Clean Up
- Cafe
- Special Event Leads
- Delta Bingo

Contact the office for more information.

Key Tags

Be sure to bring your key tag as everyone must sign in. This enables us to contact trace and better manage programs.



Front Door

There is a volunteer located at the front door. This volunteer will scan each member's key tag to check into My Senior Centre (MSC) and hole punch the User Fee Card.

User Fee Cards

"User Fee Cards" are available for purchase from the office. The cards come in denominations of \$10 and \$20.



Holiday Facility Closure

Please note that Mapleridge will be closed on statutory holidays. Please check our website, Facebook and email blast for announcements.



July Events

Mini Bucks Bid Euchre

\$5.00 At the Door

Saturday, July 6 & 20

Doors Open at 11:15 am

Cards start at 12:30 pm

Pies & Sandwiches for Sale

No Beginners Please



AT THE CAFE

Slice of Pie \$3



Hamburger or Sausage & Drink \$6

Euchre & Board Games

Night

\$2.00 At the Door

Friday, July 12

Doors Open at 5:00pm

Cards start at 6:00pm

50/50

Jackpot \$200
and \$100

Sunday July 28, 2024

1:00pm \$20.00

Everyone Welcome

Pay at the Door

CASH ONLY!

Bring your own dabbers



Mapleridge

Saturday Night Dance

July 27

DJ . 50/50

Cash Bar

\$12 Pre-register Snacks for Sale

\$15 cash at the door

7:00pm-11:00pm

705-742-1481

1085 Brealey Drive Peterborough



Upcoming Events



Friday Aug 9

Bar open 6pm

Trivia starts at

6:30pm \$8

Cash Bar,

50/50 Prizes

Registration Required



Mapleridge

Recreation Centre

1085 Brealey Drive

705-742-1481

mapleridgerecreationcentre.com

OPEN HOUSE

Thursday

September 12

5:00pm-7:30pm

Tour the building, meet our instructors
and try a demo program.



HOLIDAY MARKET

Friday, Nov 15 4pm-8pm

Saturday, Nov 16 9am-12pm

More Details Coming Soon

Partnerships & Community Events

MARK YOUR CALENDARS

ALL WINNERS DAY

JULY 28 | 11:45 AM & 6:45 PM

VOUCHERS DISTRIBUTED TO BINGO WINNERS JULY 1-27, 2024, AT THE 11:45 AM & 6:45 PM SESSIONS.

REDEEM YOUR VOUCHER(S) ON ALL WINNERS DAY TO PLAY FOR A CHANCE TO WIN \$1,500!

SAVE THE DATE

DRAG BINGO RETURNS SEPT. 7

Tickets on sale in August



WEEKLY PROMOTIONS

FREE \$200 SENIOR'S GAME

THUR. | 11:45 AM & 6:45 PM

PLAYERS 55+ WHO MAKE A PACKAGE PURCHASE CAN PARTICIPATE

NOT PLAYED DURING SPECIAL EVENT SESSIONS.

\$25 WACKY SESSIONS

THURS. | 6:45 PM

FRI. | 11:45 AM

GET THE SAME GREAT PRIZES AT A DISCOUNTED PRICE!

10 X \$500 JACKPOTS

SUN. | 6:45 PM

FINAL JACKPOT IS \$1,000

10 X \$1,000 JACKPOTS

FRI. & SAT. | 6:45 PM

NOT PLAYED ON SPECIAL EVENT SESSIONS.

See customer service for complete details on all upcoming events and promotions. A minimum purchase is required to participate.



How can we help?

Find programs, services,
and housing options
to support your healthy aging

The Age-friendly Peterborough
Senior's Service Directory
is posted on our website
www.peterborough.ca/aging
or call 211 to
speak to a community navigator

Bus Trips

Relive the Music

50's & 60's

Rock N' Roll

Monday Sept 30th

Music History, Trivia & Memories



SHOWPLACE

PERFORMANCE CENTRE

Register at Mapleridge Recreation Centre 705-742-1481
Cost: \$65.00 Bus at 6:45pm Show at 7:30pm

JERSEY NIGHTS

TRIBUTE TO
**FRANKIE VALLI
& THE FOUR SEASONS**

SAT., OCTOBER 5, 2024
8PM \$56

*Bus Pickup at 7:15pm at
Mapleridge*

SHOWPLACE

PERFORMANCE CENTRE

Mapleridge Registration Required 705-742-1481

ROMANTIC FLAMES

BALFOUR | DVORAK | RACHMANINOV

SATURDAY, NOVEMBER 2, 2024

7:30PM

SHOWPLACE PERFORMANCE CENTRE

DAVID JALBERT, PIANO

MICHAEL NEWNHAM, CONDUCTOR



Two of the most iconic pieces of the Romantic era: Dvorak's Symphony no. 8 and Rachmaninov's Third Piano Concerto.

Courtesy of:
**Mapleridge
Recreation Centre**

- 1 Ticket included with purchase!
- 2 Bus from Mapleridge to Showplace both ways
- 3 Bus leaves Mapleridge at 6:45PM, 45 minutes before showtime



Register At:
Mapleridge Recreation Centre
1085 Brealey Drive
705-742-1481.

\$50



Fridays Sept 27-Dec 6

3 Time Slots

8 Weeks

1:00pm-3:30pm= \$90.00

3:30pm-6:00pm= \$90.00

6:00pm-9:00pm= \$108.00



**Westdale United Church
1509 Sherbrooke Street**

**Call Mapleridge Office to Register
705-742-1481**

DANCE LESSONS

BEGINNERS

SALSA, BACHATA, MERENGUE

MONDAY SEPT 23-NOV 18 2:30PM-3:30PM

8 WEEKS \$60

Learn the basics of Salsa, Bachata and Merengue. These popular Latin social dances are found in many Latin night clubs, so if you enjoy the upbeat rhythms of Latin music, this class is for you. You will learn the basic footwork and some simple sequences to get you looking good on the dance Floor. Enjoy these fun partner dances. You don't need any prior dance experience or your own partner.

INSTRUCTOR

GABIA FERGUSON

REGISTRATION IS REQUIRED

705-742-1481



Gabia has been an instructor & owned a dance school for numerous years, first in Australia & now in Canada. A dedicated teacher of various social dance styles including Street Latin, 50's Rock n' Roll, West Coast Swing & Lindy Hop, her passion for dancing is obvious & infectious. These fun & relaxed partner dances, suited for all ages, are a great way to exercise & socialize.

- *Won many competitions both amateur & professional*
- *Chosen to dance in the opening ceremony of the 2000 Olympic Games*
- *Part of the initial resurgence of Lindy Hop*

dancewithme.ca

