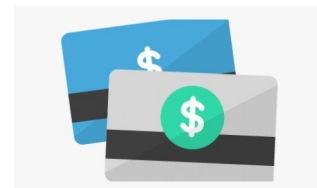




May/June 2024

User Fee Cards are available for purchase from the office. The cards come in denominations of \$10 and \$20.

Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

Registration fee may apply

Arts

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bunka	Tuesday	April 30	May 21	1:00pm-3:00pm	\$10.00	Bernice Cote
		May 28	June 18	1:00pm-3:00pm	\$10.00	Bernice Cote

Exercise-Light Weight

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bone Building Strength & Balance	Tuesday	May 14	June 4	2:45pm-3:45pm	\$26.00	Susan Stevenson

Hoops

User fee applies to programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Hula Hoop	Friday	April 19	May 17	10:15am-11:00am	\$24.00	Basia Baklinski

Line Dance

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Advance Line Dance	Monday	TBA		1:00pm-2:30pm	\$12.00	Jane Elliot
Line Dance Intermediate Low	Tuesday	May 14	June 4	1:30pm-2:30pm	\$12.00	Gary Calder
Line Dance Intermediate	Thursday	May 23	June 13	1:00pm-2:00pm	\$12.00	Cyndie Lamrock

Mentastics

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Mentastics	Tuesday	May 14	June 4	12:15pm-1:00pm	\$25.00	Michelle Godfrey



May/June 2024

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Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

Registration fee may apply

Pickleball

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Pickleball Recreation/ Intermediate St. James Church	Monday	April 22	June 17	6:30pm-8:30pm None on May 6 & 20	\$35.00	No Instructor

Tai Chi & Qigong

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Tai Chi	Thursday	May 2	June 20	2:30pm-3:30pm	\$16.00	Michael Campbell
Qigong	Monday	May 27	June 17	9:00am-10:00am	\$25.00	Kathryn Matheson

Yoga

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Yoga Yin Yang	Monday	May 6	June 3	10:15am-11:00am	\$24.00	Josee Caron
Yoga Better Bones	Monday	May 6	June 3	11:15am-12:15pm	\$24.00	Heather Clarke
Yoga Stretch & Strength	Tuesday	April 30	May 21	9:00am-10:00am	\$24.00	Heather Clarke
Yoga Gentle	Tuesday	May 14	June 4	4:00pm-5:00pm	\$26.00	Susan Stevenson
Yoga Chair	Wednesday	May 15	June 5	10:30am-11:30am	\$26.00	Susan Stevenson
Yoga Stretch & Strength	Thursday	May 2	May 23	4:00pm-5:00pm	\$12.00 \$24.00	Heather Clarke Heather Clarke
Yoga Yin Yang	Friday	May 10	May 31	11:15am-12:15pm	\$24.00	Josee Caron

Zumba

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Zumba Light	Tuesday	May 7 June 18	May 28 July 9	11:15am-12:00pm 11:15am-12:00pm	\$24.00 \$24.00	Natalie Wittek Natalie Wittek
Zumba Light	Thursday	May 9 June 20	May 30 July 11	9:15am-10:00am 9:15am-10:00am	\$24.00 \$24.00	Natalie Wittek Natalie Wittek

Drop In Programs

User fee applies to programs

Recreation & Leisure

Program	Day	Time
Bingo	Friday	1:00pm
Bocci Ball	Monday	10:00am
Exercises	Tues & Thurs	10:15am
Table Tennis	Mon,& Fri	10:00am

Shuffleboard

Day	Time
Monday	10:30am & 1:30pm
Tuesday	11:00am & 1:30pm
Wednesday	9:30am, 11:00am, 1:30pm
Thursday	11:30am & 1:30pm
Friday	9:30am, 11:00am & 1:30pm

Contact Ed Hughes for more information on joining a shuffleboard team.

Phone: 705-740-3841

Email: rxclist@gmail.com

Pickleball For Fun Drop In

Level	Day	Time
Beginner	Monday	3:00pm

Cards & Games

Game	Day	Time
Bid Euchre	Tuesday Thursday	1:00pm 1:00pm
Bridge (Beg)	Tuesday & Friday	9:00am
Bridge	Wednesday	1:00pm
Cribbage	Monday	1:00pm
Euchre	Wednesday	1:00pm

Lessons

Game	Day	Time
Bid Euchre	Saturday	10:30am

Billiards Schedule

Monday 	8:30am-10:00am 10:30am-12:00pm
Tuesday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Wednesday	8:30am-10:00am 10:30am-12:00pm 1:00pm-2:30pm
Thursday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Friday	8:30am-10:00am
Saturday	11:00am-12:30pm

Big Bingo

Date: Sunday, May 26

Doors open at Noon

Bingo starts at 1:00pm

Cost: \$20.00 per person

Everyone Welcome

Pay at the door, cash only

Café open.



Mini Bucks Bid Euchre

Date: Saturday May 4 & 18

Doors open at 11:15am

Cards start at 12:30pm

Cost: \$5.00 per person

NO BEGINNERS PLEASE

Sandwiches & pies to purchase.



Choir

Day	Time
Saturday	9:30am

Board Vacancies

call for nominations!

Nomination form is posted outside of the office. Deadline is May 30th, 2024

2024/2025
Board of Directors




AGM

Thursday, June 13 at 9:30am

Join us to review 2023/2024 year and By-Law changes

Meet the 2024/2025 Board of Directors

Hope to see you there!



Week at a Glance

Monday

Program	Time
Billiards	8:30am
Qigong	9:00am
Bocci Ball	10:00am
Table Tennis	10:00am
Pickleball– St James Church	10:00am
Yin Yang Yoga	10:15am
Billiards	10:30am
Shuffleboard	10:30am
Yoga Better Bones	11:15am
Cribbage	1:00pm
Line Dance Advance	1:00pm
Shuffleboard	1:30pm
Beginner Pickleball for Fun Drop In	3:00pm
Pickleball– St James Church	6:30pm

Tuesday

Program	Time
Billiards	8:30am
Bridge Beginner	9:00am
Yoga Stretch & Strength Exercises	9:00am
Billiards	10:15am
Billiards	10:30am
Zumba Light	11:15am
Shuffleboard	11:00am
Billiards	12:30pm
Bid Euchre	1:00pm
Bunka	1:00pm
Line dance Inter Low	1:30pm
Shuffleboard	1:30pm
Bone Building Strength & Balance	2:45pm
Gentle Yoga	4:00pm

Wednesday

Program	Time
Billiards	8:30am
Shuffleboard	9:30am
Chair Yoga	10:30am
Billiards	10:30am
Shuffleboard	11:00am
Billiards	1:00pm
Euchre	1:00pm
Bridge	1:00pm
Shuffleboard	1:30pm

Thursday

Program	Time
Billiards	8:30am
Zumba Light	9:15am
Exercises	10:15am
Billiards	10:30am
Shuffleboard	11:30am
Billiards	12:30pm
Bid Euchre	1:00pm
Line Dance Intermediate	1:00pm
Shuffleboard	1:30pm
Tai-Chi	2:30pm
Yoga Stretch & Strength	4:00pm

Friday

Program	Time
Billiards	8:30am
Shuffleboard	9:30am
Table Tennis	10:00am
Super Hoops	10:15am
Shuffleboard	11:00am
Yin Yang Yoga	11:15am
Bingo	1:00pm
Shuffleboard	1:30pm
<i>Euchre & Games –May 10</i>	<i>6:00pm</i>

Saturday

Program	Time
Choir	9:30am
Bid Euchre Lessons	10:30am
Billiards	11:00am
Mini Bucks May 4 & 18	12:30pm

CAFE *Soup & Sandwich available on Tuesdays and Wednesdays 11:30 am*

10am-3pm Monday-Wednesday
10am-1:30pm- Thursday
11am-2:30pm Friday

Soup & Roll \$5.00
Sandwich \$5.00
Soup/Sandwich Combo \$9.00



Mapleridge
Saturday Night Dance
May 25 DJ . 50/50
Cash Bar Snacks for Sale

\$12 Pre-register \$15 cash at the door

7:00pm-11:00pm
Doors open at 6:30pm

705-742-1481
1085 Brealey Drive Peterborough



Dinner Menu
Friday, June 21

COLD PLATE INCLUDES
Rotisserie Chicken, Potato Salad,
Coleslaw, Devilled Eggs,
Fresh Local Strawberries/ Shortcake,
Tea/Coffee

Doors open at 4:00 pm
Dinner at 5:00 pm
50/50 & Cash Bar, Registration Required **\$25**



Strawberry Social