



February 2024

User Fee Cards are available for purchase from the office. The cards come in denominations of \$10 and \$20.

Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

Registration fee may apply

Arts

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bunka	Tuesday	Feb 6	Feb 27	1:00pm-3:00pm	\$10.00	Bernice Cote

Exercise-Light Weight

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bone Building Strength & Balance	Tuesday	Feb 13	Mar 5	2:30pm-3:30pm	\$26.00	Susan Stevenson

Hoops

User fee applies to programs at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Hula Hoop	Friday	TBA	TBA	10:15am-11:00am	\$24.00	Basia Baklinski

Line Dance

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Line Dance Intermediate	Monday	Feb 5	Mar 4	1:00pm-2:00pm	\$8.00	Gary Calder
Line Dance Intermediate	Thursday	Feb 8	Feb 22	1:00pm-2:00pm	\$8.00	Cyndie Lamrock

Mentastics

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Mentastics Workshop	Thursday	Feb 8	Feb 8	9:30am-10:15am	\$6.25	Michelle Godfrey
Mentastics	Thursday	Feb 15	Mar 7	9:30am-10:15am	\$25.00	Michelle Godfrey

Pickleball

User fee applies to programs only at Mapleridge

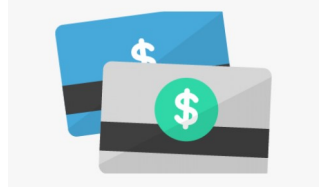
Program	Day	Start	End	Time	Fee	Instructor
Pickleball Recreation/ Intermediate St. James Church	Monday	Jan 8	April 15	10:00am-12:00pm	\$60.00	No Instructor
Pickleball Recreation/ Intermediate St. James Church	Monday	Jan 22	April 15	6:30pm-8:30pm	\$50.00	No Instructor



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Registered Programs Registration fee may apply

Tai Chi & Qigong User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Tai Chi	Thursday	Feb 29	April 18	2:30pm-3:30pm	\$16.00	Michael Campbell
Qigong	Monday	Feb 12	Mar 11	9:00am-10:00am	\$25.00	Kathryn Matheson

Yoga User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Yoga Yin Yang	Monday	Feb 5	Mar 4	10:15am-11:00am	\$24.00	Josee Caron
Yoga Better Bones	Monday	Feb 5	Mar 4	11:15am-12:15pm	\$24.00	Heather Clarke
Yoga Stretch & Strength	Tuesday	Feb 6	Feb 27	9:00am-10:00am	\$24.00	Heather Clarke
Yoga Gentle	Tuesday	Feb 13	Mar 5	4:00pm-5:00pm	\$26.00	Susan Stevenson
Yoga Chair	Wednesday	Feb 14	Mar 6	10:30am-11:30am	\$26.00	Susan Stevenson
Yoga Stretch & Strength	Thursday	Feb 8	Feb 29	4:00pm-5:00pm	\$24.00	Heather Clarke
Yoga Yin Yang	Friday	Feb 2	Feb 23	11:15am-12:15pm	\$24.00	Josee Caron

Zumba User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Zumba Light	Tuesday	Feb 6	Feb 27	11:15am-12:00pm	\$24.00	Natalie Wittek
Zumba Light	Thursday	Feb 15	Mar 7	9:15am-10:00am	\$24.00	Natalie Wittek



Drop In Programs

User fee applies to programs

Recreation & Leisure

Program	Day	Time
Bingo	Friday	1:00pm
Bocci Ball	Monday	10:00am
Exercises	Tues & Thurs	10:15am
Table Tennis	Mon, Wed & Fri	10:00am

Shuffleboard

Day	Time
Monday	10:30am & 1:30pm
Tuesday	11:00am & 1:30pm
Wednesday	9:30am, 11:00am, 1:30pm
Thursday	11:30am & 1:30pm
Friday	9:30am, 11:00am & 1:30pm

Contact Ed Hughes for more information on joining a shuffleboard team.

Phone: 705-740-3841

Email: rxclist@gmail.com

Pickleball For Fun Drop In

Level	Day	Time
Beginner	Monday	3:00pm
Recreation	Thursday	11:15am


Cards & Games

Game	Day	Time
Bid Euchre	Tuesday Thursday	1:00pm 1:00pm
Bridge (Beg)	Tuesday & Friday	9:00am
Bridge	Wednesday	1:00pm
Cribbage	Monday	1:00pm
Euchre	Wednesday	1:00pm

Lessons

Game	Day	Time
Bid Euchre	Saturday	10:30am

Billiards Schedule

Monday 	8:30am-10:00am 10:30am-12:00pm
Tuesday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Wednesday	8:30am-10:00am 10:30am-12:00pm 1:00pm-2:30pm
Thursday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Friday	8:30am-10:00am
Saturday	11:00am-12:30pm

Big Bingo

Date: Sunday, Feb 25

Doors open at Noon

Bingo starts at 1:00pm

Cost: \$20.00 per person

Everyone Welcome

Pay at the door, cash only

Café open.



Mini Bucks Bid Euchre

Date: Saturday Feb 3 & 17

Doors open at 11:15am

Cards start at 12:30pm

Cost: \$5.00 per person

NO BEGINNERS PLEASE

Sandwiches & pies to purchase.



Trivia & Pub Night

Fri Feb 9 \$15

Kitchen & Bar open 5 pm

Trivia starts at 6 pm

Chicken Wings & Sliders

Veggie Sticks with Dressing

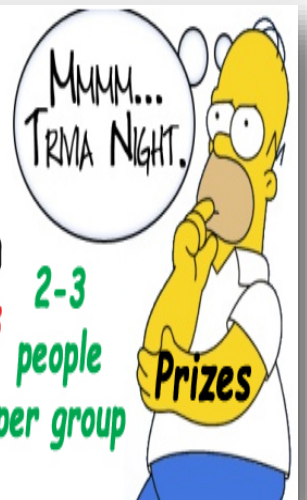
Dessert & Presentation by the

Retired Teachers of Ontario

Registration Required

2-3
people
per group

Prizes





Euchre & Scrabble Night
\$2.00 At the Door
Friday, February 16
Doors Open at 5:00pm
Cards start at 6:00pm
Cafe Open- Chili & a Bun
available \$8.00
50/50



Jackpot \$200
and \$100

Sunday Feb 25, 2024
1:00pm \$20.00

Everyone Welcome
Pay at the Door
CASH ONLY!
Bring your own dabbers



Week at a Glance

Monday

Program	Time
Billiards	8:30am
Qigong	9:00am
Bocci Ball	10:00am
Table Tennis	10:00am
Pickleball– St James Church	10:00am
Yin Yang Yoga	10:15am
Billiards	10:30am
Shuffleboard	10:30am
Yoga Better Bones	11:15am
Cribbage	1:00pm
Line Dance Inter	1:00pm
Shuffleboard	1:30pm
Beginner Pickleball for Fun Drop In	3:00pm
Pickleball– St James Church	7:00pm

Tuesday

Program	Time
Billiards	8:30am
Bridge Beginner	9:00am
Yoga Stretch & Strength	9:00am
Exercises	10:15am
Billiards	10:30am
Zumba Light	11:15am
Shuffleboard	11:00am
Billiards	12:30pm
Bid Euchre	1:00pm
Bunka	1:00pm
Shuffleboard	1:30pm
Bone Building Strength & Balance	2:30pm
Gentle Yoga	4:00pm

Wednesday

Program	Time
Billiards	8:30am
Shuffleboard	9:30am
Table Tennis	10:00am
Chair Yoga	10:30am
Billiards	10:30am
Shuffleboard	11:00am
Billiards	1:00pm
Euchre	1:00pm
Bridge	1:00pm
Shuffleboard	1:30pm

Thursday

Program	Time
Billiards	8:30am
Zumba Light	9:15am
Exercises	10:15am
Billiards	10:30am
Pickleball for Fun Drop In	11:15am
Shuffleboard	11:30am
Billiards	12:30pm
Bid Euchre	1:00pm
Line Dance Intermediate	1:00pm
Shuffleboard	1:30pm
Tai-Chi	2:30pm
Yoga Stretch & Strength	4:00pm

Friday

Program	Time
Billiards	8:30am
Bridge Beginner	9:00am
Shuffleboard	9:30am
Table Tennis	10:00am
Super Hoops	10:15am
Shuffleboard	11:00am
Yin Yang Yoga	11:15am
Bingo	1:00pm
Shuffleboard	1:30pm

Saturday

Program	Time
Choir	9:30am
Bid Euchre Lessons	10:30am
Billiards	11:00am
Mini Bucks Feb 3 & 17	12:30pm

FUNDRAISER *Join Us For* FUNDRAISER

ST. PATRICK'S DAY DANCE 50/50

SATURDAY, MARCH 16
7-11pm, Doors open at 6:30pm
Performance by Four Lanes Wide **\$25**
Register by phone or in person at Mapleridge Office

Easter Dinner
Saturday \$25
March 23 1pm
Doors open at 12:00 pm

Glazed Ham, Cheesy Scalloped Potatoes, Veggies, Garden Salad, Roll, Dessert, Tea/Coffee

Cash Bar, 50/50