



November/December

User Fee Cards are available for purchase from the office. The cards come in denominations of \$10 and \$20.

Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

Registration fee may apply

Arts

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bunka	Tuesday	Nov 14	Dec 5	1:00pm-3:00pm	\$10.00	Bernice Cote

Exercise-Light Weight

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Bone Building Strength & Balance	Tuesday	Nov 21	Dec 12	2:30pm-3:30pm	\$26.00	Susan Stevenson

Line Dance

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Line Dance Beginner Plus	Wednesday	Nov 1	Dec 20	8:45am-10:15am	\$16.00	Carol & Gary
Line Dance Intermediate	Thursday	Nov 9	Dec 7	1:00pm-2:00pm	\$8.00	Cyndie Lamrock

Mentastics

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Mentastics	Thursday	Nov 23	Dec 14	9:30am-10:15am	\$25.00	Michelle Godfrey

Pickleball

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Program	Day	Start	End	Time	Fee	Instructor
Pickleball Intro	Tuesday	Nov 7	Dec 5	6:00pm-8:00pm	\$0.00	Diane Allen



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Registered Programs

Registration fee may apply

Tai Chi & Qigong

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Program	Day	Start	End	Time	Fee	Instructor
Tai Chi	Thursday	Nov 30	Dec 21	2:30pm-3:30pm	\$8.00	Michael Campbell
Qigong	Monday	Nov 6	Nov 27	9:00am-10:00am	\$25.00	Kathryn Matheson

Yoga

User fee applies to programs only at Mapleridge

Program	Day	Start	End	Time	Fee	Instructor
Yoga Yin Yang	Monday	Nov 20	Dec 11	10:15am-11:00am	\$24.00	Josee Caron
Yoga Better Bones	Monday	Nov 20	Dec 11	11:15am-12:15pm	\$24.00	Heather Clarke
Yoga Stretch & Strength	Tuesday	Nov 21	Dec 12	9:00am-10:00am	\$24.00	Heather Clarke
Yoga Gentle	Tuesday	Nov 21	Dec 12	4:00pm-5:00pm	\$26.00	Susan Stevenson
Yoga Chair	Wednesday	Nov 22	Dec 13	10:30am-11:30am	\$26.00	Susan Stevenson
Yoga Stretch & Strength	Thursday	Nov 23	Dec 14	4:00pm-5:00pm	\$24.00	Heather Clarke
Yoga Yin Yang	Friday	Nov 24	Dec 15	11:15am-12:15pm	\$24.00	Josee Caron

Zumba

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Program	Day	Start	End	Time	Fee	Instructor
Zumba Light	Tuesday	Nov 21	Dec 12	11:15am-12:00pm	\$24.00	Natalie Wittek
Zumba Light	Thursday	Nov 23	Dec 14	9:15am-10:00am	\$24.00	Natalie Wittek



Friday December 1

Doors open at 6:30pm
Dance at 7pm-11pm
Cost: \$25.00 per person
50/50, Cash Bar

Mapleridge Recreation Centre
1085 Brealey Drive
Register by phone or in person
705-742-1481

Drop In Programs

User fee applies to programs

Recreation & Leisure

Program	Day	Time
Bingo	Friday	1:00pm
Bocci Ball	Monday	10:00am
Exercises	Tues & Thurs	10:15am
Table Tennis	Mon,& Fri	10:00am

Billiards Schedule

Monday 	8:30am-10:00am 10:30am-12:00pm
Tuesday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Wednesday	8:30am-10:00am 10:30am-12:00pm 1:00pm-2:30pm
Thursday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Friday	8:30am-10:00am
Saturday	11:00am-12:30pm

Shuffleboard

Day	Time
Monday	10:30am & 1:30pm
Tuesday, Wednesday & Thursday	9:30am, 11:30am, 1:30pm
Friday	11:00am & 1:30pm

Contact Ed Hughes for more information on joining a shuffleboard team. Fall season resumes Sept 5.

Phone: 705-740-3841 (Cell)

Phone: 705-742-3945 (Home)

Email: rxclist@gmail.com

Mini Bucks Bid Euchre

Date: Saturday Dec 2 & 16

Doors open at 11:00am

Cards start at 12:30pm

Cost: \$5.00 per person

NO BEGINNERS PLEASE

Sandwiches & pies to purchase.



Pickleball For Fun

Level	Day	Time
Beginner	Monday	3:00pm
Recreation	Thursday	11:15am

Big Bingo

Date: Sunday, Dec 17

Doors open at Noon

Bingo starts at 1:00pm

Cost: \$20.00 per person

Everyone Welcome

Pay at the door, cash only

Café open.



Cards & Games

Game	Day	Time
Bid Euchre	Tuesday Thursday	1:00pm 1:00pm
Bridge	Wednesday	1:00pm
Cribbage	Monday	1:00pm
Euchre	Wednesday	1:00pm

Lessons

Game	Day	Time
Bid Euchre	Saturday	10:30am
Bridge	Tuesday & Friday	9:00am



We will be closed for programs
Thursday Nov 16 & Friday, Nov 17
for our Christmas Market
Preparations
Doors open at 5pm on Nov 17
Exception Zumba Light &
Mentastics Thursday AM

NEW YEAR'S EVE GALA
Sunday Dec 31st
Doors open at 6pm Dinner at 6:30pm Dance to Follow
Cost: \$60.00 per person DJ, 50/50, Cash Bar
Mapleridge Recreation Centre 1085 Brealey Drive
Register in person or by phone 705-742-1481

Week at a Glance

Monday

Program	Time
Billiards	8:30am
Qigong	9:00am
Bocci Ball	10:00am
Table Tennis	10:00am
Pickleball– St James Church	10:00am
Yin Yang Yoga	10:15am
Billiards	10:30am
Shuffleboard	10:30am
Yoga Better Bones	11:15am
Cribbage	1:00pm
Shuffleboard	1:30pm
Beginner Pickleball for Fun	3:00pm
Pickleball– St James Church	7:00pm

Tuesday

Program	Time
Billiards	8:30am
Bridge Lesson	9:00am
Yoga Stretch & Strength	9:00am
Shuffleboard	9:30am
Exercises	10:15am
Billiards	10:30am
Zumba Light	11:15am
Shuffleboard	11:30am
Billiards	12:30pm
Bid Euchre	1:00pm
Bunka	1:00pm
Shuffleboard	1:30pm
Bone Building Strength & Balance	2:30pm
Gentle Yoga	4:00pm
Pickleball Intro	6:00pm

Wednesday

Program	Time
Billiards	8:30am
Line Dance Beginner Plus	8:45am
Shuffleboard	9:30am
Chair Yoga	10:30am
Billiards	10:30am
Shuffleboard	11:30am
Billiards	1:00pm
Euchre	1:00pm
Bridge	1:00pm
Shuffleboard	1:30pm

Thursday

Program	Time
Billiards	8:30am
Zumba Light	9:15am
Shuffleboard	9:30am
Mentastics	9:30am
Exercises	10:15am
Billiards	10:30am
Shuffleboard	11:30am
Billiards	12:30pm
Bid Euchre	1:00pm
Line Dance Intermediate	1:00pm
Shuffleboard	1:30pm
Tai-Chi	2:30pm
Yoga Stretch & Strength	4:00pm

Friday

Program	Time
Billiards	8:30am
Bridge Lessons	9:00am
Table Tennis	10:00am
Shuffleboard	11:00am
Yin Yang Yoga	11:15am
Bingo	1:00pm
Shuffleboard	1:30pm

Saturday

Program	Time
Bid Euchre Lessons	10:30am
Billiards	11:00am
Mini Bucks Dec 2 & 16	12:30pm

CAFE
 10am-3pm Monday-Wednesday
 10am-1:30pm- Thursday
 11am-2:30pm Friday

Soup & Sandwich
available on Tuesdays and Wednesdays
 11:30 am

Soup & Roll \$5.00
Sandwich \$5.00
Soup/Sandwich Combo \$9.00

NEW HOURS!

Let's DANCE!

DON'T FORGET TO SUPPORT MAPLERIDGE AT OUR FUNDRAISING DANCE WITH MONTANA SKY ON DEC 1ST 7-11PM \$25 COME AND HAVE GREAT NIGHT OUT WHILE SUPPORTING OUR CENTRE! BRING FRIENDS & FAMILY

Mapleridge will be closed from Dec 24, 2023 - Jan 1, 2024
 We will re-open January 2, 2024 for regular programs

Merry Christmas Happy Holidays

