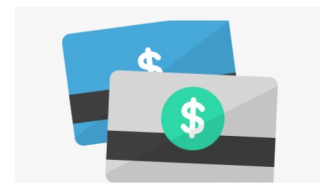




March 2023

User Fee Cards are available for purchase from the office. The cards come in denominations of \$10 and \$20.

Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

User fee applies to programs

| Program | Day | Start Date | End Date | Time | Total Fee | Instructor |
|-------------------------|-----------|------------|----------|-----------------|-----------|-----------------|
| Bunka | Tuesday | Mar 21 | April 11 | 1:00pm-2:30pm | \$10.00 | Bernice Cote |
| Equilibrium Beginner | Mon & Wed | TBA | TBA | 3:15pm-4:00pm | \$45.00 | Lori Edwards |
| Line Dance Improver | Monday | Mar 27 | May 29 | 1:00pm-2:30pm | \$12.00 | Cyndie Lamrock |
| Line Dance | Wednesday | Mar 8 | Mar 29 | 9:00am-10:00am | \$6.00 | Bev Thompson |
| Line Dance Intermediate | Thursday | April 6 | April 27 | 11:15am-12:15pm | \$6.00 | Cyndie Lamrock |
| Pickleball Intro | Monday | Mar 6 | Mar 27 | 7:15pm-8:45pm | \$0.00 | Diane Allen |
| Pickleball Beginner | Thursday | Mar 9 | Mar 30 | 6:00pm-7:30pm | \$0.00 | Diane Allen |
| Yoga Better Bones | Monday | Mar 20 | April 10 | 11:15am-12:15pm | \$24.00 | Heather Clarke |
| Yoga Restorative | Monday | Mar 20 | April 10 | 3:00pm-4:00pm | \$24.00 | Josee Caron |
| Yoga Stretch & Strength | Tuesday | Mar 14 | April 4 | 9:00am-10:00am | \$24.00 | Heather Clarke |
| Yoga Gentle | Tuesday | Mar 7 | Mar 28 | 4:00pm-5:00pm | \$26.00 | Susan Stevenson |
| Yoga Chair | Wednesday | Mar 8 | Mar 29 | 10:30am-11:30am | \$26.00 | Susan Stevenson |
| Yoga Yin Yang | Friday | Mar 17 | April 14 | 11:15am-12:15pm | \$24.00 | Josee Caron |
| Zumba | Monday | Feb 27 | Mar 20 | 6:00pm-7:00pm | \$22.00 | Natalie Wittek |
| Zumba Light | Thursday | Feb 16 | Mar 16 | 9:15am-10:00am | \$22.00 | Natalie Wittek |

Recreation & Leisure

User fee applies to programs

Recreation & Leisure

| Program | Day | Time |
|--------------|--------------|---------|
| Bingo | Friday | 1:00pm |
| Bocci Ball | Monday | 10:00am |
| Exercises | Tues & Thurs | 10:15am |
| Table Tennis | Mon, & Fri | 10:00am |

Shuffleboard

Contact Gail Trotter for more information on joining a shuffleboard team.

Phone: 705-292-6271

Email: twoboycats@hotmail.com

| Day | Time |
|------------------------------|---|
| Monday Tuesday - Thursday | 10:00am & 1:30pm 9:30am 11:30am 1:30pm |
| Friday | 11:00am |

Billiards Schedule

| | | |
|-----------|---|---|
| Monday |  | 8:30am-10:00am 10:30am-12:00pm |
| Tuesday | | 8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm |
| Wednesday | | 8:30am-10:00am 10:30am-12:00pm 1:00pm-2:30pm |
| Thursday | | 8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm |
| Friday | | 8:30am-10:00am |
| Saturday | | 11:00am-12:30pm |

Cards & Games

User fee applies to programs

Cards & Games



| Game | Day | Time |
|------------|---------------------|------------------|
| Bid Euchre | Tuesday Thursday | 1:00pm 1:00pm |
| Bridge | Wednesday | 1:00pm |
| Cribbage | Monday | 1:00pm |
| Euchre | Wednesday | 1:00pm |

Mini Bucks Bid Euchre

Date: Saturday Mar 4 & 18
 Doors open at 11:00am
 Cards start at 12:30pm
 Cost: \$5.00 per person
NO BEGINNERS PLEASE
 Sandwiches & pies to purchase.



Lessons

| Game | Day | Time |
|------------|----------|---------|
| Bridge | Tuesday | 9:00am |
| Bid Euchre | Saturday | 11:00am |

Big Bingo

Date: Sunday, March 26
 Doors open at Noon
 Bingo starts at 1:00pm
 Cost: \$20.00 per person
 Everyone Welcome
 Pay at the door, cash only
 Café open.



Week at a Glance

Monday

| Program | Time |
|-----------------------------------|---------------|
| Billiards | 8:30am |
| Tai-Chi Combo | 9:45am |
| Bocci Ball | 10:00am |
| Table Tennis | 10:00am |
| Billiards | 10:30am |
| Shuffleboard | 11:00am |
| Yoga Better Bones | 11:15am |
| Cribbage | 1:00pm |
| Line Dance Improver-Mar 27 | 1:00pm |
| Shuffleboard | 1:30pm |
| Restorative | 3:00pm |
| Zumba | 6:00pm |
| Pickleball Intro | 7:15pm |

Tuesday

| Program | Time |
|-------------------------|---------|
| Billiards | 8:30am |
| Yoga Stretch & Strength | 9:00am |
| Bridge Lessons | 9:00am |
| Shuffleboard | 9:30am |
| Exercises | 10:15am |
| Billiards | 10:30am |
| Shuffleboard | 11:30am |
| Billiards | 12:30pm |
| Bid Euchre | 1:00pm |
| Bunka | 1:00pm |
| Shuffleboard | 1:30pm |
| Gentle Yoga | 4:00pm |

Wednesday

| Program | Time |
|--------------|---------|
| Billiards | 8:30am |
| Line Dance | 9:00am |
| Shuffleboard | 9:30am |
| Chair Yoga | 10:30am |
| Billiards | 10:30am |
| Shuffleboard | 11:30am |
| Billiards | 1:00pm |
| Euchre | 1:00pm |
| Bridge | 1:00pm |
| Shuffleboard | 1:30pm |

Thursday

| Program | Time |
|--|----------------|
| Billiards | 8:30am |
| Zumba Light | 9:15am |
| Shuffleboard | 9:30am |
| Exercises | 10:15am |
| Line Dance Intermediate April 6 | 11:15am |
| Billiards | 10:30am |
| Shuffleboard | 11:30am |
| Billiards | 12:30pm |
| Bid Euchre | 1:00pm |
| Shuffleboard | 1:30pm |
| Beginner Pickleball | 6:00pm |

Friday

| Program | Time |
|---------------|---------|
| Billiards | 8:30am |
| Table Tennis | 10:00am |
| Shuffleboard | 11:00am |
| Yin Yang Yoga | 11:15am |
| Bingo | 1:00pm |

Saturday

| Program | Time |
|-------------------------|---------|
| Bid Euchre Lessons | 11:00am |
| Billiards | 11:00am |
| Mini Bucks March 4 & 18 | 12:30pm |

STAY TUNED

\$5.00 Swim passes now available at Mapleridge Office

For more Peterborough Sports & Wellness Programs