

Mapleridge Recreation
Centre for adults 50+



*"Our mission is to provide friendship,
programs and opportunities for adults 50 plus
to enjoy social, recreational and educational
activities."*

February 2023



Monday 8am-8pm, Tuesday 8am-5pm
Wednesday 8am-4pm, Thursday 8am-7pm
Friday 8am -4pm
Saturday 11am-3:30pm

1085 Brealey Drive, Peterborough, Ontario K9K 0C1
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Facebook

President Message

Winter is certainly upon us. Please take care when out and about in this weather and if any programs are cancelled due to weather you will receive a call from the Mapleridge.

Information Meeting – Thursday, February 9 at 1:00pm

We are planning to provide you with updates on various topics

- Focus group results
- Café name results
- Projects planned
- Financials

Volunteers Needed

Mapleridge operates solely with volunteers and a small staff. To continue to be successful we need volunteers.

Delta Bingo

Brings in revenue for our programs. Volunteers are required to do shifts at Delta Bingo. Talk to the office or a board member about how to get trained for Delta Bingo.

Front Door at Mapleridge

Volunteers needed to greet members, punch user fee cards, and ensure members are registered for programs. Please talk to office staff if interested in being trained for this position.

Suggestion Box

There is a suggestion box located outside the office beside the photo copier, any ideas, observations, and thoughts are welcome.

Café

This new project requires volunteers to work a shift and provide this service to our members. Please let office staff know if you are interested volunteering. Mary Hopkins is the lead and will be glad to train you for this position.

Bus Trips

We are pleased to announce some upcoming bus trips to Show Place in downtown Peterborough.. We hope you take advantage of this opportunity to see some fantastic shows with a group of friends and the convenience of getting dropped off at the door. More details in the newsletter.

Special Events

Volunteers are needed to either lead a project or be part of a committee for these events. If this area is where you see yourself helping, please let the office staff know.

We are so glad to be operating at full capacity now. COVID did a number on not allowing us to do our many activities and fundraising events. Being closed for 2 ½ years has placed a strain on our resources. We are asking for DONATIONS which are tax deductible (\$20 or more). Donations can be paid through our webpage or simply come into the office to donate. Any amount will be most appreciated.

Sincerely
Ollie Bakelaar, President.



Upcoming Events

Trivia & Bar Night
Tues. Feb 14 \$15
Kitchen & Bar open 5 pm
Trivia starts at 6 pm
Chili OR Chicken Wings
includes Roll, Tortilla Chips
Veggie Sticks with Dressing



Mapleridge
DANCES

February 18
7:00pm-11:00pm
Doors open at 6:30pm
\$12 Pre-register
\$15 cash at the door
705-742-1481
1085 Brealey Drive
Peterborough
DJ • 50/50 Tickets
SNACKS For Sale • CASH Bar



Jackpot \$200
and \$100

Sunday Feb 26, 2023
1:00pm \$20.00



Everyone Welcome
Pay at the Door
CASH ONLY!

Bring your own dabbers

Mini Bucks Bid Euchre
\$5.00 At the Door
Saturday, Feb 4 & 18, 2023

Doors Open at 11 am
Cards start at 12:30 pm

Pies & Sandwiches for Sale
No Beginners Please

**Bid
Euchre**



Bus Trips & More...



**St. Patrick's \$20
Dinner & Entertainment**

Friday, March 17

Dinner 5pm Doors open 4pm

**Entertainment:
Four Lanes Wide at 6 pm**

**Menu: Irish Beef Stew, Irish Soda Bread, Green
Salad, Dessert, Tea/Coffee**



The Fab Four - The Touring
Years 1963-1966

The FabFour 7:30 pm
Sat. March 18 @ Showplace
\$40 Includes ride to & from
Bus pickup at Mapleridge
6:45 pm

Mapleridge Registration Required
Seniors Only



Brass Transit 7:30 pm
Chicago Tribute
Sun. May 28 @ Showplace
\$37 Includes ride to & from

Mapleridge Registration Required
Seniors Only

Bus pickup at Mapleridge
6:45 pm

Stay Active this Winter

Swim Passes



Stay active this winter in the warmth of the indoor pools at the Peterborough Sports & Wellness Centre. With two pools to choose from and a variety of "Drop In" times you will be sure to enjoy a leisurely swim or relaxing time in the therapy pool. Swim passes can be purchased from the Mapleridge office for \$5.00 a swim and swim schedule will be provided. For more information contact Mapleridge Office.

Combined Tai-Chi Class

Date: Monday Jan 31-Mar 27
Time: 9:45am-11:00am
Cost: \$14.00
Duration 8 weeks
Location: Main Hall

Join us for a combined class of beginner and intermediate tai chi on Monday mornings. It is a great way to start your day. Registration is required.

Beginner Equilibrium Program

Dates: Mondays & Wednesday
Start Date: March 6-22
6 sessions
Time 3:15pm-4:00pm
Cost: \$45.00
Location- Lower Level



A program encompassing strengthen, flexibility/range of motion, standing/walking balance and guided meditations. Hand weights, exercise bands, yoga props and info handouts will be materials incorporated throughout this programs. Program is geared towards BEGINNER fitness levels. If you are reliant on a walking aid, this is not the program for you. Register by phone or in person.

Pickleball

Pickleball is one of the fastest growing sport around and we are pleased to provide a variety of levels for everyone. Contact the office for more information and to register for the next series.

Intro to Pickleball

Date: Mondays at 7:15pm
Duration: 4 weeks
Cost: \$2.00 User Fee
Location: Main Hall
Instructor: Diane Allen



Beginner Pickleball

Date: Thursdays at 6:00pm
Duration: 4 weeks
Cost: \$2.00 User Fee
Location: Main Hall
Instructor: Dian Allen

Pickleball for Fun

Date: Thursdays at 4:15pm
Duration: 4 Weeks
Cost: \$2.00 User Fee
Location: Main hall
No instructor

Registration is required for all series. For advance players please contact the office and inquire about the Pickleball offered at the Peterborough Sports and Wellness Centre.

Shuffleboard

If you interested in joining this program please contact Gail, Shuffleboard Coordinator twoboycats@hotmail.com 705-292-6271



Member Information

Membership Information

If members have any changes to address, phone or contact information please call the centre. Emergency contact is also important to keep updated.

Memberships are non-refundable. The fee is \$30.00 per year and is subject to change.

Lifetime Members

Individuals who are 90 years of age or older, or are turning 90 in the year are excluded from paying the membership fee.

Library

The library is open for book and puzzle exchange. Members need to check-in at the front door when attending the library.



New and Renewed Memberships

Membership forms are available at the centre or on the website:
mapleridgerecreationcentre.com
Must be a member to participate in registered programs and drop in programs.

Payments for memberships must be made within 3 business days in person or over the phone.



Cafe Hours
10 am - 3:30 pm
Monday to Friday
Soup available on
Wednesday starting
11:30 am \$5.00

Program Registration

- Registration is required for some programs.
- Register for programs over the phone or in person
- Programs start on time.
- Bring your own equipment eg. Yoga Mat.
- Bring your own refreshments

Program Fees

- Program fee for most registered programs.
- When attending a program (registered or drop in) there is a \$2.00 non-refundable fee.
- "User Fee Cards" can be purchased from the office.
- Payments must be made within three business days.
- Refund request is accepted prior to program start date.
- No refunds for missed classes.
- Full refunds will be provided if programs are cancelled before it starts.

Board of Directors 2022/2023

Name	Position
Ollie Bakelaar	President
John Muise	Vice President
Marv Wrightly	Treasurer
Edward Hughes	Secretary
Diane Allen	Director
Gail Trotter	Director
Mandy Peckover	Director
Betty Sommers	Director
Mary Hopkins	Director

Notices & General Inquiries

Emails

The office sends out regular emails to its members. Using our software "My Senior Centre" the emails come from the following address:

null@myactivitycenter.com

Members may need to check their junk mail as some email providers detect it as spam.

The office was made aware that members of Bell and Sympatico were not receiving email. Unfortunately Mapleridge has no control over this and members are encouraged to visit our website for up to date information.

www.mapleridgerecreationcentre.com

No Program Trials

Mapleridge does not provide trials for any of programs. Anyone wishing to join our programs must be a paid member. Membership forms are available in person or on our website:
mapleridgerecreationcentre.com

Guests

Guests are welcome for meals and special events. Please call to register if interested in attending.

Cancelations & Building Closures

With the unpredictable winter weather here for awhile, it is important to remember that programs may be cancelled due to the weather. With the "My Senior Centre" software we are able to send out "robo calls" to all members if a program is cancelled or the centre is closed. Also please remember that the morning after a large snowfall, it takes time to clear the sidewalks and parking lot. We ask you to be patient and allow time for proper snow removal on these days.



Volunteers

We are always looking for volunteers in the following areas:

- Front Door
- Kitchen Clean Up
- Cafe
- Special Event Leads
- Delta Bingo

Contact the office for more information.

Key Tags

Be sure to bring your key tag as everyone must sign in. This enables us to contact trace and better manage programs.



Front Door

There is a volunteer located at the front door. This volunteer will scan each member's key tag to check into My Senior Centre (MSC) and hole punch the User Fee Card.

User Fee Cards

"User Fee Cards" are available for purchase from the office. The cards come in denominations of \$10 and \$20.



*Be considerate of others.
If you are feeling under the weather, please stay at home.*



Notices & General Inquiries

Donations

One Time Contribution. One time gifts always appreciated.

In Honour Donations

A great way to recognize a friend who doesn't need more 'stuff'. Your friend would receive a card acknowledging your gift to Mapleridge in his/her honour.

Canada Helps

An online donation technology for registered charities. Tax receipts are emailed immediately. Visit

www.mapleridgerecreationcentre.com and click on the **DONATE** button on the top right hand corner.

Company Matching

Some employers will match charitable donations of current and/or retired employees. Does yours?

Your donation ensures that our active and dynamic recreation centre continues to be a healthy, vibrant one in 2023.

For more information, please contact the office or any member of our volunteer Board of Directors

Watercolour Painting

Date: Tuesday Feb 7-28
Time: 1-4pm
Cost: \$70.00



Beginner to Intermediate Artists

Instructor: Debra Bannister, C.A.E.

This spring session is intended to get our brushes moving. Artists are responsible for bringing their own artistic materials. A suggested list of artistic materials will be emailed to everyone before class begins. Come and enjoy the wonders of watercolours. Debra's artwork can be viewed at www.debrabannisterart.ca

Membership Information Meeting

Date: Thursday, February 9
Time: 1:00pm

Location: Main Hall

Come and get an update of financials, projects and meet the board of directors.

Coffee and muffins will be provided.



Knitting Group

Please contact the office if you are interested in joining a knitting program.



Payments

Mapleridge accepts MC, Visa, American Express, Debit as well as Cash and Cheques. Phone the office if you prefer to pay over the phone by credit card. We are sorry to inform our members and guests that the office no longer accepts \$100 dollar bills.



Valentine's edition
Drag Bingo
February 11th 7:00pm \$40⁺
♥ Cash prizes
♥ Hilarious entertainment
♥ Giveaways
♥ DJ & more!
Get your tickets today!