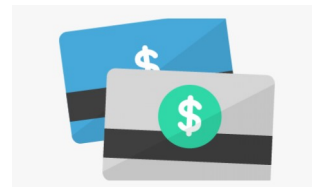




January 2023

User Fee Cards are available for purchase from the office. The cards come in denominations of \$10 and \$20.

Each time a member enters Mapleridge and checks-in to a program (either drop in or registered), the front door volunteer will punch the card to indicate the \$2 user has been paid.



Registered Programs

User fee applies to programs

Program	Day	Start Date	End Date	Time	Total Fee	Instructor
Belly Dancing Beginner	Friday	Feb 3	Mar 10	9:30am-10:30am	\$25.00	Nancy Legate
Bunka	Tuesday	Jan 10	Jan 31	1:00pm-2:30pm	\$10.00	Bernice Cote
Equilibrium Program	Mon & Wed	Jan 9	Jan 30	3:15pm-4:00pm	\$45.00	Lori Edwards
Indoor Walking Track-PSWC	Friday	Jan 13	Mar 31	11:00am-12:00pm	\$68.00	PSWC
Line Dance Beginner	Monday	Jan 9	Mar 13	1:00pm-2:30pm	\$15.00	Eveline Stout
Line Dance	Wednesday	Jan 4	Jan 25	9:00am-10:00am	\$6.00	Bev Thompson
Pickleball Intro	Monday	Jan 2	Jan 23	7:15pm-8:45pm	\$0.00	Diane Allen
Pickleball for Fun	Thursday	Jan 5	Jan 26	4:15pm-6:00pm	\$0.00	
Pickleball –PSWC-FULL FULL	Tuesday	Jan 10	Feb 14	10:30am-12:30pm	\$23.00	PSWC
	Tuesday	Feb 21	April 4	10:30am-12:30pm	\$23.00	PSWC
Pickleball –PSWC-FULL FULL	Wednesday	Jan 11	Feb 15	12:45pm-2:45pm	\$23.00	PSWC
	Wednesday	Feb 22	April 5	12:45pm-2:45pm	\$23.00	PSWC
Pickleball-PSWC-FULL	Friday	Jan 13	Feb 17	12:45pm-2:45pm	\$19.00	PSWC
	Friday	Feb 24	April 7	12:45pm-2:45pm	\$19.00	PSWC
Tai Chi Combine	Monday	Jan 2	Jan 23	9:45am-11:00am	\$7.00	Mary & Annette
Watercolour Class-FULL	Tuesday	Jan 10	Jan 31	1:00pm-4:00pm	\$70.00	Debra Bannister
Yoga Better Bones	Monday	Jan 2	Jan 23	11:15am-12:15pm	\$24.00	Heather Clarke
Yoga Restorative	Monday	Jan 9	Jan 30	3:00pm-4:00pm	\$24.00	Josee Caron
Yoga Stretch & Strength	Tuesday	Jan 3	Jan 24	9:00am-10:00am	\$24.00	Heather Clarke
Yoga Gentle	Tuesday	Jan 3	Jan 24	4:00pm-5:00pm	\$26.00	Susan Stevenson
Yoga Chair	Wednesday	Jan 4	Jan 25	10:30am-11:30am	\$26.00	Susan Stevenson
Yoga Yin Yang	Friday	Jan 13	Feb 3	11:15am-12:15pm	\$24.00	Josee Caron
Zumba	Monday	Jan 9	Jan 30	6:00pm-7:00pm	\$22.00	Natalie Wittek
Zumba Light	Thursday	Jan 12	Feb 9	9:15am-10:00am	\$22.00	Natalie Wittek

Recreation & Leisure

User fee applies to programs

Recreation & Leisure

Program	Day	Time
Bingo	Friday	1:00pm
Bocci Ball	Monday	10:00am
Exercises	Tues & Thurs	10:15am
Table Tennis	Mon, Wed & Fri	10:00am

Please note the additional Table Tennis on Wednesdays at 10:00am

Shuffleboard


Contact Gail Trotter for more information on joining a shuffleboard team.

Phone: 705-292-6271

Email: twoboycats@hotmail.com

Day	Time
Monday Tuesday -Thursday	11:00am & 1:30pm 9:30am 11:30am 1:30pm
Friday	11:00am

Billiards Schedule

Monday 	8:30am-10:00am 10:30am-12:00pm
Tuesday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Wednesday	8:30am-10:00am 10:30am-12:00pm 1:00pm-2:30pm
Thursday	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Friday	8:30am-10:00am
Saturday	11:00am-12:30pm



Please note the time change of billiards on Wednesday. New Time: 1:00pm-2:30pm

Cards & Games

User fee applies to programs

Cards & Games



Game	Day	Time
Bid Euchre	Tuesday Thursday	1:00pm 1:00pm
Bridge	Wednesday	1:00pm
Cribbage	Monday	1:00pm
Euchre	Wednesday	1:00pm

Mini Bucks Bid Euchre

Date: Saturday Jan 7 & 21

Doors open at 11:00am

Cards start at 12:30pm

Cost: \$5.00 per person

NO BEGINNERS PLEASE

Sandwiches & pies to purchase.



Big Bingo

Date: Sunday, Jan 22

Doors open at Noon

Bingo starts at 1:00pm

Cost: \$20.00 per person

Everyone Welcome

Pay at the door, cash only.



Week at a Glance

Monday

Program	Time
Billiards	8:30am
Tai-ChiCombo	9:45am
Bocci Ball	10:00am
Table Tennis	10:00am
Billiards	10:30am
Shuffleboard	11:00am
Yoga Better Bones	11:15am
Cribbage	1:00pm
Line Dance Beginner Jan 9	1:00pm
Shuffleboard	1:30pm
Restorative	3:00pm
Equilibrium Exercises Jan 9	3:15pm
Zumba-Jan 9	6:00pm
Pickleball Intro	7:15pm

Tuesday

Program	Time
Billiards	8:30am
Yoga Stretch & Strength	9:00am
Bridge Lessons	9:00am
Shuffleboard	9:30am
Exercises	10:15am
Billiards	10:30am
Pickleball-PSWC- FULL	10:30am
Shuffleboard	11:30am
Billiards	12:30pm
Watercolour Class Jan 10	1:00pm
Bid Euchre	1:00pm
Bunka- Jan 10	1:00pm
Shuffleboard	1:30pm
Gentle Yoga	4:00pm

Wednesday

Program	Time
Billiards	8:30am
Line Dance	9:00am
Shuffleboard	9:30am
Chair Yoga	10:30am
Billiards	10:30am
Pickleball- PSWC-FULL	12:45pm
Shuffleboard	11:30am
Billiards	1:00pm
Euchre	1:00pm
Bridge	1:00pm
Shuffleboard	1:30pm
Equilibrium Exercises Jan 13	3:15pm

Thursday

Program	Time
Billiards	8:30am
Zumba Light Jan 12	9:15am
Shuffleboard	9:30am
Exercises	10:15am
Billiards	10:30am
Shuffleboard	11:30am
Billiards	12:30pm
Bid Euchre	1:00pm
Shuffleboard	1:30pm
Pickleball for Fun	4:15pm

Friday

Program	Time
Billiards	8:30am
Belly Dance Beginner- Feb 3	9:30am
Table Tennis	10:00am
Indoor Walking Track- PSWC -Jan 13	11:00am
Shuffleboard	11:00am
Yin Yang Yoga	11:15am
Pickleball- PSWC-FULL	12:45pm
Bingo	1:00pm

Saturday

Program	Time
Bid Euchre Lessons	11:00am
Billiards	11:00am
Mini Bucks Jan 7 & 21	12:30pm

Robbie Burns Dinner
Sunday January 15, 2023 \$20
 12:30 pm Piping & Address to the Haggis
 Dinner to follow
 2:00 pm a performance by the Highland &
 Country Scottish Dancers
 Menu: Sausage rolls, Tatties, Neeps, Haggis,
 Cranachan, Teal/Coffee



Wednesday, Jan 11

starting at 11 am

Soup & Roll
\$5

Drop In ..No registration



**Membership Information
Meeting**

Thursday, January 26
9:30 in the Main Hall

An update on financials, projects and
meet the Board of Directors

Coffee & Muffins provided