



User Fee Card

Starting January 3, 2022 the \$2 user fee will return but with the use of prepaid user fee cards. "User Fee Cards" will be available for purchase from the office. The cards come in denominations of \$10 and \$20.

Starting in January, each time a member enters Mapleridge and checks-in to a program (either drop in or registered), a volunteer will punch the card to indicate the \$2 user has been paid.



Wellness & Fitness

User fee applies to programs

Program	Day	Start Date	End Date	Time	Reg Fee	Instructor
Exercises	Tuesday	Jan 11	Feb 1	10:30am-11:30am		
Exercises	Thursday	Jan 13	Feb 3	10:30am-11:30am		
Yoga Restorative	Monday	Jan 3	Jan 24	3:00pm-4:00pm	\$24.00	Josee Caron
Yoga Stretch & Strength	Tuesday	Jan 4	Jan 25	9:00am-10:00am	\$24.00	Heather Clarke
Yoga Gentle	Tuesday	Jan 11	Feb 1	3:00pm-4:00pm	\$26.00	Susan Stevenson
Yoga Chair	Wednesday	Jan 12	Feb 2	10:30am-11:30am	\$26.00	Susan Stevenson
Yoga Better Bones	Thursday	Jan 6	Jan 27	3:00pm-4:00pm	\$24.00	Heather Clarke
Yoga Yin Yang	Friday	Jan 7	Jan 28	3:30pm-4:30pm	\$24.00	Josee Caron
Zumba	Wednesday	Jan 5	Jan 26	5:30pm-6:30pm	\$22.00	Natalie Wittek

Dance & The Arts

User fee applies to programs

Program	Day	Start Date	End Date	Time	Reg Fee	Instructor
Bunka	Tuesday	Jan 11	Feb 1	1:00pm-2:30pm	\$10.00	Bernice Cote
Line Dance	Monday	Jan 3	Jan 24	1:30pm-2:30pm	\$6.00	Fran Cole
Line Dance	Wednesday	Jan 5	Jan 26	9:00am-10:00am	\$6.00	Eveline Stout
Line Dance Improver 1	Wednesday	Jan 5	Jan 26	3:00pm-4:00pm	\$6.00	Cyndie Lamrock
Line Dance	Thursday	Jan 6	Jan 27	9:00am-10:00am	\$6.00	Bev Thompson
Line Dance Beginners	Friday	Jan 7	Feb 25	9:30-11:00am	\$12.00	Jane Northey
Line Dance Improver 2	Friday	Jan 7	Jan 28	12:00pm-1:00pm	\$6.00	Cyndie Lamrock
Woodcarving	Tuesday	Jan 11	Feb 1	8:30am-10:00am		

Recreation & Leisure

User fee applies to programs

Program	Day	Start Date	End Date	Time
Bingo	Friday	Jan 14	Feb 4	12:30am-2:00pm
Pickleball	Monday	Jan 3	Jan 24	11:30am-12:30pm
Pickleball	Tuesday	Jan 4	Jan 25	4:30pm-6:00pm
Pickleball	Wednesday	Jan 5	Jan 26	7:00pm-8:30pm
Pickleball	Friday	Jan 7	Jan 28	1:30pm-2:30pm
Table Tennis	Wednesday	Jan 12	Feb 2	1:00pm-2:30pm
Table Tennis	Friday	Jan 14	Feb 4	10am-11:30am



Recreation & Leisure

Billiards Schedule

Day	Start Date	End Date	Time
Monday	Jan 10	Jan 31	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Tuesday	Jan 11	Feb 1	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Wednesday	Jan 12	Feb 2	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Thursday	Jan 13	Feb 3	8:30am-10:00am 10:30am-12:00pm 12:30pm-2:00pm
Friday	Jan 14	Feb 4	8:30am-10:00am

Shuffleboard Schedule

Day	Time
Monday, Tuesday, Thursday	11:00am-12:30pm 1:00pm-2:30pm
Wednesday	9:00am-10:30am 11:00am-12:30pm 1:00pm-2:30pm

Contact Gail Trotter for more information on joining a shuffleboard team.

Phone: 705-292-6271
Email: twoboycats@hotmail.com



User fee applies to programs

Week at a Glance

Monday

Program	Time
Billiards	8:30am
Billiards	10:30am
Shuffleboard	11:00am
Pickleball	11:30am
Billiards	12:30pm
Shuffleboard	1:00pm
Line Dance	1:30pm
Restorative Yoga	3:00pm

Tuesday

Program	Time
Billiards	8:30am
Woodcarving	8:30am
Yoga Stretch & Strength	9:00am
Billiards	10:30am
Exercises	10:30am
Shuffleboard	11:00am
Billiards	12:30pm
Bunka	1:00pm
Shuffleboard	1:00pm
Gentle Yoga	3:00pm
Pickleball	4:30pm

Wednesday

Program	Time
Billiards	8:30am
Line Dance	9:00am
Shuffleboard	9:00am
Chair Yoga	10:30am
Billiards	10:30am
Shuffleboard	11:00am
Billiards	12:30pm
Table Tennis	1:00pm
Shuffleboard	1:00pm
Line Dance Improver 1	3:00pm
Zumba	5:30pm
Pickleball	7:00pm

Thursday

Program	Time
Billiards	8:30am
Line Dance	9:00am
Exercises	10:30am
Billiards	10:30am
Shuffleboard	11:00am
Billiards	12:30pm
Shuffleboard	1:00pm
Yoga for Better Bones	3:00pm

Friday

Program	Time
Billiards	8:30am
Line Dance Beginner	9:30am
Table Tennis	10:00am
Line Dance Improver 2	12:00pm
Bingo	12:30pm
Pickle Ball	1:30pm
Yin Yang Yoga	3:30pm