



December 2021

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Recreation & Leisure

Program	Day	Start Date	End Date	Time	Total Fee
Billiards	Wednesday	Dec 1	Dec 22	8:30am-10:00am	\$8.00
Bingo	Friday	Dec 10	Dec 17	12:30pm-3:30pm	\$20.00
Pickle Ball	Tuesday	Nov 30	Dec 21	1:00pm-2:00pm	\$8.00
Pickle Ball	Wednesday	Dec 8	Dec 29	3:00pm - 4:00 pm	\$8.00
Pickle Ball	Thursday	Dec 2	Dec 23	1:00pm-2:00pm	\$8.00
Table Tennis	Wednesday	Dec 8	Dec 29	1:00pm-2:30pm	\$8.00
Shuffleboard	Wednesday	Dec 1	Dec 22	10:30am-12:00pm	\$8.00
Shuffleboard	Thursday	Dec 9	Dec 30	10:30am-12:00pm	\$8.00
Shuffleboard	Thursday	Dec 2	Dec 23	1:00pm-2:30pm	\$8.00

Wellness & Fitness

Program	Day	Start Date	End Date	Time	Total Fee	Instructor
Exercises	Tuesday	Nov 30	Dec 21	11am-12pm	\$8.00	
Exercises	Thursday	Dec 2	Dec 23	11am-12pm	\$8.00	
Yoga Better Bones	Thursday	Dec 2	Dec 16	3pm-4pm	\$24.00	Heather Clarke
Yoga Chair	Wednesday	Dec 15	Jan 5	11am-12pm	\$34.00	Susan Stevenson
Yoga Gentle	Tuesday	Dec 14	Jan 4	3pm-4pm	\$34.00	Susan Stevenson
Yoga Restorative	Monday	Dec 6	Dec 20	3pm-4pm	\$21.00	Josee Caron
Yoga Stretch & Strength	Tuesday	Nov 30	Dec 14	9am-10am	\$24.00	Heather Clarke
Yin Yang Yoga	Friday	Dec 10	Dec 17	3pm-4pm	\$14.00	Josee Caron
Zumba	Wednesday	Dec 8	Dec 29	5:30-6:30pm	\$30.00	Natalie Wittek

Dance & The Arts

Program	Day	Start Date	End Date	Time	Total Fee	Instructor
Line Dance	Wednesday	Dec 1	Dec 22	9am-10am	\$14.00	Eveline Stout
Line Dance Easy	Wednesday	Dec 1	Dec 22	1pm-2pm	\$14.00	Cyndie Lamrock
Line Dance	Thursday	Dec 2	Dec 23	9am-10am	\$14.00	Bev Thompson
Line Dance Beg	Friday	Dec 3	Dec 17	9:30-11:00am	\$10.50	Jane Northey
Woodcarving	Tuesday	Nov 30	Dec 21	8:30-10am	\$8.00	