

Mapleridge Recreation Centre for adults 50+

*"Our mission is to provide friendship,
programs and opportunities for adults 50 plus
to enjoy social, recreational and educational
activities."*



August 2021

1085 Brealey Drive, Peterborough, Ontario K9K 0C1

Phone: (705) 742-1481 Fax: (705) 742-0103

mapleridge@cogeco.net

www.mapleridgerecreationcentre.com

Facebook

Public Health Rules & Guidelines

- Everyone will be "screened" for Covid-19 upon entry of building.
- Everyone who enters the building must wear a face mask.
- Face mask are to be large enough to completely and comfortably cover the nose and mouth without gaping.
- Face masks must fit securely to the head with ties or ear loops.
- Separate Entry and Exit rules in effect.
- Social Distancing Rules are in effect.
- One way traffic flow within the building.
- Everyone is responsible for their own health.
- Please be responsible and do not enter building if feeling unwell.



STAY HOME

New Processes & Procedures

Payment & Appointments

Mapleridge has new payment options. Now accepting MC, Visa, American Express & Debit cards as well as cash and cheque.

Appointments are required before entering Mapleridge. This is due to Public Health restrictions. Please give us a call to book your appointment.

Welcome
Back
We Missed You

Please Be Patient

Our front desk volunteers have gone through extensive training on our new system and processes, however this is a learning curve for all of us. Please be kind to one and other and remember we are doing the best that we can.

We are following current Public Health protocols. These protocols can change at a moments notice. Please keep that in mind as we will be implementing the rules as we go along over the next few months.

Wellness & Fitness

Program	Day	Start Date	End Date	Time	Reg Fee	Session Fee	Total Fee	Instructor
Exercises	Tuesday	10-Aug	31-Aug	11am-12pm		\$8.00	\$8.00	
Exercises	Thursday	12-Aug	2-Sep	11am-12pm		\$8.00	\$8.00	
Line Dance	Monday	9-Aug	30-Aug	1pm-2pm	\$6.00	\$8.00	\$14.00	Fran Cole
Line Dance	Wednesday	11-Aug	1-Sep	9am-10am	\$6.00	\$8.00	\$14.00	Jane Elliot
Line Dance	Thursday	12-Aug	2-Sep	9am-10am	\$6.00	\$8.00	\$14.00	Bev Thompson
Line Dance Beg	Friday	13-Aug	3-Sep	9am-10am	\$6.00	\$8.00	\$14.00	Jane Northey
Line Dance Beg	Friday	13-Aug	3-Sep	11am-12pm	\$6.00	\$8.00	\$14.00	Jane Northey
Tai-Chi Adv/Int	Monday	9-Aug	30-Aug	9am-10am	\$7.00	\$8.00	\$15.00	Marg/Mary
Tai-Chi Beg	Monday	9-Aug	30-Aug	11am-12pm	\$7.00	\$8.00	\$15.00	Doug/Mary
Yoga Better Bones	Thursday	26-Aug	16-Sep	3pm-4pm	\$24.00	\$8.00	\$32.00	Heather Clarke
Yoga Chair	Wednesday	18-Aug	8-Sep	11am-12pm	\$24.00	\$8.00	\$32.00	Susan Stevenson
Yoga Gentle	Tuesday	17-Aug	7-Sep	3pm-4pm	\$24.00	\$8.00	\$32.00	Susan Stevenson
Yoga Restorative	Monday	16-Aug	13-Sep	3pm-4pm	\$20.00	\$8.00	\$28.00	Jose Caron
Yoga Stretch & Strength	Tuesday	24-Aug	14-Sep	9am-10am	\$24.00	\$8.00	\$32.00	Heather Clarke
Yin Yang Yoga	Friday	20-Aug	10-Sep	3pm-4pm	\$20.00	\$8.00	\$28.00	Jose Caron

Notices & Member Information

Refunds

Easter Dinner and St. Patrick's Dinner 2020 Refunds will be available by appointment until September 17, 2021. Tickets must be handed in to receive the refund.

Previous registered program refunds will be available by appointment until September 17, 2021



**DON'T FORGET YOUR
MASK**

Looking Ahead

We know that everyone would like to get back to normal and have our programs run the same way they were prior to Covid-19. And we do to. However in the meantime Mapleridge will be following the guidance of the Public Health Rules that are in place. We will also be taking extra steps along the way to ensure our members health and safety are a priority.

Going forward we are putting plans in place to recruit volunteers to help us with some committees. We will be reaching out to our membership and encouraging everyone to help us get back on our feet again. This will take some time, and will require some patience and understanding from everyone. We are excited to open our doors and get some life back into the building.

Recreation & Leisure

Program	Day	Start Date	End Date	Time	Session Fee	Total Fee
Billiards	Monday	9-Aug	30-Aug	11:00am-12:30pm	\$8.00	\$8.00
Billiards	Monday	9-Aug	30-Aug	8:30am-10:00am	\$8.00	\$8.00
Billiards	Wednesday	11-Aug	1-Sep	8:30am-10:00am	\$8.00	\$8.00
Billiards	Wednesday	11-Aug	1-Sep	11:00am-12:30pm	\$8.00	\$8.00
Billiards	Thursday	12-Aug	2-Sep	1:30pm-3:00pm	\$8.00	\$8.00
Billiards	Friday	13-Aug	3-Sep	8:30am-10:00am	\$8.00	\$8.00
Billiards	Friday	13-Aug	3-Sep	11:00am-12:30pm	\$8.00	\$8.00
Darts	Friday	13-Aug	3-Sep	11:00am-12:00pm	\$8.00	\$8.00
Pickle Ball	Wednesday	18-Aug	8-Sep	3:00pm - 4:00 pm	\$8.00	\$8.00
Table Tennis	Friday	20-Aug	10-Sep	1:30 pm-3:00pm	\$8.00	\$8.00
Shuffleboard	Monday	9-Aug	30-Aug	8:30am-10:00am	\$8.00	\$8.00
Shuffleboard	Monday	9-Aug	30-Aug	11:00am-12:30pm	\$8.00	\$8.00
Shuffleboard	Wednesday	11-Aug	1-Sep	8:30am-10:00am	\$8.00	\$8.00
Shuffleboard	Wednesday	11-Aug	1-Sep	11:00am-12:30pm	\$8.00	\$8.00
Shuffleboard	Thursday	12-Aug	2-Sep	1:30 pm-3:00pm	\$8.00	\$8.00
Shuffleboard	Friday	13-Aug	3-Sep	8:30am-10:00am	\$8.00	\$8.00
Swedish Weaving	Thursday	19-Aug	9-Sep	8:30am-10:00am	\$8.00	\$8.00
Swedish Weaving	Thursday	19-Aug	9-Sep	11:00am-12:30pm	\$8.00	\$8.00
Wood Working	Tuesday	10-Aug	31-Aug	8:30am-10:00am	\$8.00	\$8.00
Wood Working	Tuesday	10-Aug	31-Aug	11:00am-12:30pm	\$8.00	\$8.00

My Senior Centre

Part of our new processes and procedures is utilizing My Senior Centre Software to its fullest potential. My Senior Centre or MSC, this is the system we are using for registration and sign-in to programs. Most of you will remember when you arrived to Mapleridge using your key tag and the touch screen to sign yourself into the program of your choice.

This will continue to be an important step upon arrival going forward. We will require everyone to use the MSC screen located at the front door before entering the building. We currently have volunteers located at the front door to sign members into their program, along with the Covid-19 screening checks. This check-in is important for contact tracing. We no longer are taking paper attendance. We are very fortunate to have this software, as it makes life a lot easier during these times for contact tracing and to monitor our numbers in the building.



Member Information & Registration

Membership Information

If you had a current Mapleridge membership as of March 31, 2020 that membership has been automatically extended by 18 months

If you have any changes to your address, phone or contact information please call the centre.

Memberships are non-refundable. The current fee is \$30.00 per year and is subject to change.

Honorary Members

Individuals who are 90 years of age or older, or are turning 90 in the year requesting a membership are excluded from paying the membership fee. Yearly membership renewal is still required.

New and Renewed Memberships

To renew a membership:

- Phone with any changes to your information.
- Fill in the membership form on the website (mapleridgerecreationcentre.com)
- Make an appointment to drop in.

To become a new member:

- Fill in the membership form on the website
- No computer, no problem. Call Mapleridge to make an appointment to pick up a membership application form.

Payments for memberships must be made within 3 business days by appointment or over the phone.

Key Tags

Be sure to bring your key tag as everyone must sign in. This enables us to contact trace and better manage programs.



Program Registration

- Registration is required for all programs
- \$8.00 non refundable “session fee” + “registration fee” if there is an instructor.
- Max & min participants for each program.
- All programs are 4 weeks duration called “Series.”
- 15min arrival time prior to program.
- 10 mins to exit program.
- Programs start on time
- Bring your own equipment.
Ex:Yoga Mat
- Bring your own water bottle.
- Individual chair & boot tray provided for belongings.
- Registrations can be made over the phone or in person by appointment.
- Payment for all programs must be paid within three business days of registration.
- Payments can be over the phone by credit card.
- Program refund request are accepted prior to program start date.
- No refunds for missed classes.
- Programs may be cancelled when the minimum registration of participants are not met.
- Staff reserve the right to cancel programs when necessary.
- Full refund will be provided if program is cancelled before it starts.
- All programs are non-transferable.

- ◆ No Tea/Coffee
- ◆ No Socializing after programs
- ◆ No Cards & Games
- ◆ Cloak Room Closed
- ◆ No stopping to chat at the front desk
- No refill station.
- No late comers

**JUST FOR A
LITTLE WHILE**

